



**Alberta Fencing Association  
Immediate Announcement**

**PLEASE POST THIS NOTICE IN  
YOUR CLUB**

**High Performance Training Session**

**A FREE three hour training session for high-performance fencers will be held in Red Deer on Sunday January 9, 2010.**

**All current provincial team members and nationally competitive athletes are invited. Please contact Vadim Demendeev for further details and to confirm participation.**

**Email: [Faofc@yahoo.ca](mailto:Faofc@yahoo.ca)**

**Location: Grandview Elementary School  
4145 - 46 street  
Red Deer**

**Time: 10am-1pm**